



HILLTOP HERALD-SEPTEMBER 2021

MONONA UNITED METHODIST CHURCH

THE CHURCH EMERGENT

If you wish to schedule a group or event at the church, inside or outside, please contact Kay for the updated building use guidelines and forms. **We are following the new Dane County Public Health mandate requiring masks be worn for all inside events.**

The office is open and staffed 9am-2pm, Monday through Friday. Pastor Paul and Mark Buffat are available for pastoral care both virtually and in-person for vaccinated individuals.

OUR WEBSITE

Check out our improving website: www.mononaunitedmethodistchurch.org

- We have the recorded sermon available for an online Worship experience as well as our in-person worship. Check our website for more information.
- We have a **Giving** tab on our website to make a donation with your credit card or through your checking account.

UPPER ROOMS ARE HERE

The Upper Room is a great little devotional book to center on a Bible verse and read a short meditation and prayer. The new September / October issue has arrived, and is in a door in the Narthex cupboard. Feel free to take one. If you would like one mailed to you, please contact the church office.

HILLTOPPERS

The Hilltoppers meeting will be held at 11 AM on **Monday, September 13** in the church fellowship hall. We will be observing current mask and social distancing recommendations. There will be no food at this meeting.

Our program will be presented by Ann Aswegan on dream interpretation. She is the owner and operator of Inner Vision Dream Consultation Services. She has a degree from the University of Iowa in Creative Writing and a Master's degree in Instruction - Health Services from UW. She is also an author having written and published at least one book. She lives in Monona.

Bring along a dream that you might like to have an interpretation. This should be a very interesting meeting.

WORSHIP VOLUNTEER SIGNUP

Since we are back in the sanctuary to worship weekly, we need to have our volunteers back as well. We have created a Volunteer Sign Up Genius listing with the volunteer jobs needed each week. We would especially like to fill: ushers and fellowship hosts. Please check your schedules and sign on using the link below. You can also send an email to the church office with your requested dates.

<https://www.signupgenius.com/go/904094DA8AE22AB9-volunteer>

PASTOR'S COLUMN

“Covid Frustrations”

These days test our patience.

In March of 2020, when we first became aware of the severity of Covid-19, we closed our churches and shut down much of society. The Center of Disease Control and Dr. Fauci assured us that if everyone followed safety guidelines, the virus would have no place to live. Too many people refused that advice.

Still, I assumed that by the end of last summer we would be home free. But the virus showed no signs of slowing down.

When the emergency-use vaccines became available, our hope was restored. Even the stock markets shared that optimism.

We did not, however, anticipate that vaccines, wearing masks and even social distancing would become such divisive, political issues. Only fifty-two percent of the country is fully vaccinated. And now the Delta variant makes people sick and fills up hospital rooms and ICU's. The vaccinated and everyone who has been extremely careful are now at risk of breakthrough infections.

We could have been done with this a long time ago.

These days test our patience.

These are the days in which we live. Jesus said, “This is my commandment, that you love one another as I have loved you.”

We love by doing everything we can to keep each other safe. We also love by caring for those who do not agree with us and even ignore the reality of this pandemic. This may be our greatest challenge.

These are the days in which we live. We need to be the church and God will help us do that.

Pastor Paul

(Pastor Paul will be on vacation September 14-26.)

BIBLE PASSAGES & THEMES 10:00AM ONLINE SERVICE

September 5 - Outside Worship

Mark 7:31-37

Jesus helps the deaf to hear

September 12 - Mark 8: 27-38

Jesus asks, "Who Do You Say That I Am?"

September 19

The Reverend Angie Utter will preach. She is a United Methodist pastor on Family Leave. Angie is from Mount Horeb and most recently served as the pastor of the Darlington United Methodist Church.

September 26

Mr. Lynn Binnie, is a Lay Speaker from the Whitewater United Methodist Church. He served on the congregation's Reconciling Congregation Task Force. Prior to his retirement, Lynn was the Chief Executive Officer for the Fairhaven Senior Living Facility in Whitewater.

ADULT SUNDAY SCHOOL

As long as we meet in the sanctuary on Sunday mornings, we will have class in the library after the service, 11:30am-12:30pm. Our starting date is September 12. If the virus dictates that we are unable to meet in person, we will go back to Zoom again.

We will first take a look at Cokesbury/Faithlink to check out their Connecting Faith with Life series. On September 12 we will discuss Sustainable Living. On September 19, we will take a look at Immigration. As the weeks go on we will decide together which topics to explore. The church will order each topic for us and then send copies by e-mail to all who have signed up. Each topic costs the church ten dollars, no matter how many people want to receive copies and participate in the discussions.

CARING COORDINATOR COLUMN

Caring for one another during these times. MUMC's caring connection network within our congregation is strong, effective, and constantly at work! To make sure no one is falling between the cracks, please don't hesitate to contact me if you know of someone who could use a little extra care, or simply a call or visit from me or Pastor Paul.

Helping refugees is now more important than ever. There is a local organization that is always looking for volunteers, goods, and financial donations. **Open Doors for Refugees** is an all-volunteer organization whose mission is to help refugees make a home in the Madison area. They work closely with Jewish Social Services, the sole official refugee resettlement agency in Madison. Furniture and household items are needed. They also provide Translation, Transportation, ESL, Childcare, and Employment services.

To donate or for more information, call (608) 609-3080, email OpenDoorsForRefugees@gmail.com or visit their website at <https://opendoorsforrefugees.org/> More about Jewish Social Services and items they collect can be found at <https://jssmadison.org/services/immigration/refugee/>

Caring & Coordinating

Mark Buffat

SEPTEMBER MISSION OF THE MONTH:

Jewish Social Services

Jewish Social Services is a nonprofit agency offering comprehensive assistance to people seeking to meet their basic needs. Jewish Social Services is a local beneficiary of the Jewish Federation of Madison, a partner agency of the United Way of Dane County, and a member of the Network of Jewish Human Service Agencies. Half of its funding comes from individual donors. Jewish Social Services serves everyone, regardless of religion or income level.

Jewish Social Services in Madison – the past 4½ years, JSS’ Resettlement Team has resettled refugees and SIV recipients from countries all over the world, including Afghanistan, in the Dane County Area. To help them prepare for a possible increase in arrivals, and to help those who have already resettled in Madison from Afghanistan and other countries, the most helpful thing we can do is provide financial donations to JSS. If you have items to donate or wish to volunteer, visit Open Doors For Refugees’ donations page and volunteer page at <https://opendoorsforrefugees.org/>

Please consider supporting this fund to help the most vulnerable members of our community receive the resources they need during this challenging time. Please mark your check, or electronic giving “Jewish Social Services Afghanistan resettlement.”

Thank you for your generous support of this mission.

The MUMC Mission Team

MUMC MEN'S GROUP

Monona United Methodist Church’s Men’s Group will meet for breakfast and fellowship at Monona Gardens Family Restaurant, at the corner of Broadway and Bridge Rd, on **Saturday, September 11** at 9am. All men are welcome.

WEEDS

Thank you to all who have been pulling weeds in our patio area. Gather a couple friends to continue this and then share some fellowship time at the tables. Take a walk through the garden to see what veggies and flowers are growing.

THANK YOU

Dear Pastor Johnsen

Thank you very much for the thoughtful and generous donation of the dish sets. We shared several with a community partner, Then & Now, which as a free resource room for anyone, and then made the majority of your donation available on our grocery line, and they were all taken in less than 2 days! People were very excited to have them, as dishes are not something we are able to offer often. Thank you for supporting others in this wonderful donation!

Helen, The River Food Pantry Interim Director of Operations



UNITED METHODIST WOMEN INFORMATION

Friendship Circle - Wednesday, September 8 at 1:30pm at church.

Faith Circle- Thursday, September 9 at 1pm. at the home of Hazel Estervig, 332 Venus Way. Call Jan Wanek at 395-2433 with any questions.

JAVA JIVE

WHAT MAKES COFFEE GO BAD?

The first step in learning how to store your coffee is to understand what causes coffee to lose its freshness and flavor. Coffee is sensitive to several environmental factors, including air, moisture, light and heat. Coffee readily absorbs surrounding smells and moisture, which will negatively affect the flavor (“leftover garlic pizza” is not a tasting note you want). Light and heat both introduce energy into the coffee, speeding up oxidation and spoilage.

HOW DO I PROPERLY STORE COFFEE?

Understanding the enemies of coffee freshness (light, moisture, heat and oxygen), you can do what it takes to minimize their effects. Store your coffee in a cool, dry place, like your kitchen cupboard or countertop. Keep it in an opaque, airtight container — you can even keep your coffee in its original packaging, rolled tight and enclosed in a resealable plastic bag. If you want to go the extra mile, try a vacuum canister to remove excess oxygen and moisture between brews. Be sure to keep your container away from the stove, or above the refrigerator or microwave, as these appliances all generate heat which can affect the beans!

WHAT TO AVOID

Keep it out of the fridge. This is a common misconception! While refrigerators do keep many things fresh, coffee is not one of them. Coffee will quickly absorb the moisture and smells in your fridge, causing it to spoil and take on the flavors of the foods around it. The cold doesn't increase the shelf life of the beans, either — room temperature is just fine.

Keep it out of the freezer, too! Similar to storage in the fridge, the freezer does provide help in dealing with some of the elements that damage freshness. But these are often negated by increased exposure to moisture, including moisture caused by condensation as you move coffee in and out of the freezer. Similar to the fridge, there is also the risk of the coffee absorbing smells from the surrounding foods in the freezer.

Avoid buying coffee that is already stale. Not all coffee is packaged equally, and it might have lost freshness before you even get to it! Keep an eye out for a tightly sealed bag that is made to resist light and moisture. The bag should also have a one-way seal to allow CO₂ to escape after the roasting process. If the bag lacks a one-way valve, it means the coffee was allowed to sit for a number of days to off-gas before it was packaged. In other words, the coffee went stale before it even went in the bag! You can also look for nitrogen-flushed bags, which help remove excess oxygen from the bag before it's sealed. Finally, you want to purchase coffee that was roasted as recently as possible. Buy direct from a roaster or look for best-by dates to make sure your coffee isn't past its prime.

Thank you ALL for your continued support of this mission!!!

ALTAR FLOWERS

We welcome donations of flowers for our altar on Sundays. If you would like to give flowers on a particular Sunday, please contact the church office or use the volunteer Sign Up Genius link found in this newsletter. Flowers may be dropped off on Fridays during office hours, 9am-2pm or on Sunday mornings. Thanks for brightening up our worship space.

READ 'EM & MEET



The book club will start meeting again on **Sunday, September 19 @ 2pm** to discuss, *Murder at the Washington Tribune*, by Margaret Truman at the home of Jan Zadra. Mary Graper will provide dessert. **Visitors and new members are always welcome to attend.** There is a list of future meetings and the books to be discussed in the Narthex. Join this fun and lively group!

MULTIGENERATIONAL CHOIR SPECIAL MUSIC

Join us at **9:20am on October 3, 2021** to practice so we can share special music during the worship service that day. Shirley Robinson will direct our Multigenerational choir. This is a great way to sing without a long time commitment. All are welcome.

THE MONONA SENIOR CENTER INVITES YOU TO:

*BIRD & NATURE ADVENTURES

Let's take a walk together at Aldo Leopold Nature Center (330 Femrite Dr, Monona)

Wednesday at 1:30pm

September 15-What's in the Pond?

October 20-Who's Still Here?

At Monona Senior Center (1011 Nichols Rd)

November 17-Getting Ready for Winter

December 15-Gifts for the Wild

Call 608-222-3415 to sign up.

HYMN FEST

Lake Edge Lutheran Church is inviting all the Seeds of Peace congregations to a Hymn Fest on **Sunday, September 19** from 3:00-5:00 p.m.

(The Packers do not play until Monday and the World Series doesn't begin until October. ☺)

We will be celebrating National Hymnal Week and joining with other Seeds of Peace Congregations to sing hymns from all of our hymnals.

The focus for this "sing" will be social justice hymns (LIFT EVERY VOICE AND SING, IN CHRIST THERE IS NO EAST OR WEST, LORD WHOSE LOVE IN HUMBLE SERVICE, etc.)

It will be great fun to meet our neighbors and share songs together! If you have a favorite hymn about social justice, please email Mary Graper: mags0519@hotmail.com.

BOOKS IN THE ENTRY

We have some books from our library and previous Adult Sunday School classes that you are welcome to take, read and return. The UMW book shelf is also available to check out a book.

RIVER FOOD PANTRY

The River is currently accepting 18-count egg cartons until further notice. Also, The River is NOT accepting clothing or household items. If you have items to donate, please check with either Agrace or Boomerang. You are welcome to drop off egg cartons, paper bags, non-perishable food, or personal hygiene items at church daily from 9am until 2pm.

VIRTUAL CROP HUNGER WALK

October 18 – 25

CROP Hunger Walks are happening in a new way! To keep everyone safe and healthy, Walks are going virtual – either walking alone, with immediate, or a small group walking a safe distance apart.

The work of Church World Services (CWS) and our local hunger agencies continues – with the possibility of a global famine on the horizon, raising money for vulnerable people is more needed than ever.

Register for the walk or donate online: crophungerwalk.org/madisonwi

Gather your family and friends and create your action route:

- Spirit Walkers: Team members walk in Spirit
- Micro Walks: Families/small groups walk masked while social distancing
- Bike, Hike, Paddle, or participate in other safe activities
- Check online for additional ideas: resources.crophungerwalk.org/virtual-walks/

Reminder: 25% of funds raised stay local helping area food pantries and hunger organizations.

FOOT CLINICS/VOLUNTEERS

Did you know that Monona UMC is hosting the NewBridge Foot Clinic in our Fellowship Hall three Tuesdays a month? NewBridge is partnered with Registered Nurse Gail Owens and Nail Technician Susan Hasey to provide foot care for older adults 60+. The cost is \$20 and we ask that you bring two towels. Appointments are required by calling (608) 512-0000.

NewBridge is also looking for a Foot Clinic volunteers to help with their foot clinics. Please contact Joe at NewBridge 608-512-0000- Ext. 2000 for more information.

NEWBRIDGE/MY MEAL MY WAY

The NewBridge meals sites are starting up again with some new options. The East Side/Monona location has lunch at Messiah Lutheran Church at noon on Tuesdays and Thursdays and breakfast/lunch at HyVee (East Wash.) from 10am until 1pm on Wednesdays and Fridays. Find more information on their website, including registration info: www.newbridgemadison.org/nutrition

7TH ANNUAL DIAPER DASH 5K RUN/WALK

Pregnancy Helpline of Madison (PH) is hosting its 7th Annual DiaperDash from 8:00-11:00am on **Saturday, September 25, 2021** at McKee Farms Park in Fitchburg. This family-friendly event will consist of a 5k run/2 mile walk, Kids' Dash, children's activities, diaper drive collection, and more! Prizes will be awarded for top fundraising and diaper donations. The cost is \$30 for an individual registration, including a race day t-shirt. Family registration is \$75, which includes two t-shirts. Group rates are available for junior and adult teams. Funds raised support PH Diaper Bank to provide diapers and wipes to families in need.

All event information can be found at www.pregnancyhelpline.net.

This year, Pregnancy Helpline aims to increase participation and donations to kick-off National Diaper Need Awareness Week.

Diaper need, or lack of a sufficient amount of diapers, affects 1 in 3 families across the nation. A lack of clean diapers puts a child's health at risk and parents in emotional distress. The Pregnancy Helpline Diaper Bank is a long-term member of the National Diaper Bank Network serving Dane County, supplying over 20,000 free diapers each month to Madison area families and partner agencies. This fall, Pregnancy Helpline of Madison is on track to give away their 1 millionth diaper.

Pregnancy Helpline Inc. of Madison is a 501(c)(3) nonprofit organization and for 38 years has been serving low-income women, children, and families with a helpline, Safe Sleep program, Baby Care Package program, Diaper Bank and Sharing Center for material goods.

AGRACE HOSPICECARE

Agrace Offers Virtual Grief Support

In September, Agrace grief support specialists are offering in-person and virtual group grief support options:

- **Family Grief Support Group** meets at the Agrace Grief Support Center every other Tuesday, from 6 - 7 p.m. Dates vary, call (608) 327-7135 for details.
- **Grief on the Move** meets at the Agrace Grief Support Center September 7 and 21, from noon to 1 p.m. Attendees will walk along the Badger State Trail, weather permitting.
- **Bridges (virtual)** meets online September 1, 15 and 29, from 9:30 a.m. to 11 a.m.
- **COVID-19 Loss Group (virtual)** meets online September 8 and 22, from 5:30 p.m. to 7 p.m.

Pre-registration is required for all groups. For details, fees or to register, visit Agrace.org/GriefGroups or call (608) 327-7118.

Agrace Seeks Volunteers in Dane County

Volunteers are needed to assist customers, operate the cash register and sort donations at the Agrace Thrift Stores in Madison; pack donated merchandise in donors' homes; and make companionship visits to local Agrace hospice patients or clients at the new Agrace Adult Day Center, 1702 W. Beltline Highway in Madison.

Agrace will host volunteer orientation Thursday, September 9, from 1 p.m. to 5 p.m., or Monday, September 20, from 9 a.m. to 1 p.m. at its Madison campus. **Pre-registration is required for either session.** Call (608) 327-7163 or visit Agrace.org/Volunteer to fill out an application.

FOR THE LOVE OF GOD'S CREATION

...take climate 'CODE RED' seriously...

Last month the United Nations Intergovernmental Panel on Climate Change published some chilling news. We were told that we now are under 'code red for humanity'. Much of this involves global warming, that in spite of the Paris worldwide climate agreement in 2015 has not been curtailed to any extent hoped for. Fortunately, scientists believe we can still prevent the worst devastation with radical action to cut carbon emissions over the next decade. But it will take reversal of political lethargy and ambitious and committed leadership from the entire industrialized world. For people in the Western World, it would mean unimaginable changes to achieve a zero-emission lifestyle. But it is not impossible, and there are ways for us, individually to make a significant difference.

Most of us might believe it is our energy and transport choices that cause the most serious environmental damage. We can help that by participating in our electric company's renewable energy program. Our food system also creates a huge impact when it comes to greenhouse emissions. The way we grow, process, package and distribute food for over seven billion humans in the world today, contributes at least 24% to our carbon emissions. We could significantly help changing that. One third of all the food we buy is thrown away. Stopping food waste would cut greenhouse emissions. Eating locally grown, unprocessed food would cut emissions even more. Intentionally making food choices that put minimum strain on the environment is a worthwhile way for us to respond to the chilling 'code red for humanity' distinction, one way to show our love for God's Creation.

For those of us who have subsisted on a meat-based diet for years, exploring plant eating can be overwhelming. The resource FUTURE 50 FOODS, published by Knorr/WWF, might reduce our hesitation. Access at:
https://www.knorr.com/content/dam/unilever/knorr_world/global/online_comms/_knorr_future_50_report_online_final_version-1539191.pdf

This month Church & Society is sharing a recipe for **Spaghetti Squash Burrito Bowls** containing seven different vegetables. **Bon appétit !**

<p>Ingredients, 2 servings</p> <p>For Spaghetti Squash:</p> <ul style="list-style-type: none"> • 1 small Spaghetti Squash, about 30 ounces or 1.8 lb. whole • 1/2 teaspoon Olive Oil • Salt and Black Pepper <p>For Filling:</p> <ul style="list-style-type: none"> • 1 to 2 teaspoons Olive Oil • 1 small Zucchini, diced • Half a Bell Pepper, diced • 1/4 Red Onion, diced • 1/2 teaspoon dried Oregano • 1/4 teaspoon ground Cumin • Salt and Black Pepper • 3/4 cup cooked Black Beans, drained and rinsed if using canned • 1/2 cup Corn Kernels, drained well if using canned • 1/2 cup Salsa • 2 ounces Cheese, shredded and divided <p>Nutrition Information Per Serving (one bowl without any extra toppings): Calories: 390Total; Fat: 17.1g; Saturated Fat: 7.2g; Cholesterol: 29mg; Sodium: 630mg; Carbohydrates: 51.4g; Fiber: 6.1g; Sugar: 5.4g; Protein: 15.7g.</p>	<p>Instructions</p> <p>Cut the squash in half lengthwise with a sharp knife. Scrape out the seeds and discard. Place the squash halves cut side up in a microwave safe dish. Add about 1/2 inch of water to the dish and cover it. Microwave on high until the squash is soft, about 10 minutes. Remove and let cool slightly, then with a fork, scrape up the strings from the flesh of the squash.</p> <p>Filling: Heat olive oil in a skillet over medium heat. Add the onion, zucchini, bell pepper, cumin, oregano, salt and pepper. Cook, stirring frequently until the vegetables have softened, about 8 to 10 minutes. Remove skillet from heat, add black beans, corn, and salsa. Stir well, taste, and adjust seasoning as desired.</p> <p>Add the loose spaghetti strands and half of the cheese to the skillet mixture, stir well. Load up the squash bowls with the filling and top with the remaining cheese.</p> <p>Bake the bowls: at 350°F until warmed through and melty, about 10 minutes. -</p> <p>Then Broil for 1 to 2 minutes until the cheese is bubbly and browned.</p> <p>Serve warm with your favorite burrito toppings.</p>
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\$ Financial Report \$

Cash Flow July 31, 2021

<u>General Fund</u>	<u>Month</u>	<u>Year to Date</u>
Income	\$ 20,008	\$ 149,968
General Operating Expenses	20,287	139,107
Net Surplus (Shortfall)	\$ (279)	\$ 10,861

STEWARDSHIP - CONNECTING VISION AND GENEROSITY

Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Matthew 7:7-8

After serving my first local church part-time as a college student for two years, I had just finished leading my last worship service and was greeting folks at the door. One gentleman shook my hand and said, “Jason, thank you for being our pastor. I think one of the things I liked about you the most is that you never talked about money.”

I’ve thought about his statement many times over the years. I’ve also heard the same sentiment repeated by both laity and clergy in many ways. We tend to see financial stewardship and money as a “necessary evil.” It’s something we must deal with to get to real ministry.

In his short book, *A Spirituality of Fundraising*, Henri Nouwen challenges this view of money and stewardship (which he calls fundraising). He writes: Fundraising is, first and foremost, a form of ministry. It is a way of announcing our vision and inviting other people into our mission. Fundraising is proclaiming what we believe in such a way that we offer other people an opportunity to participate with us in our vision and mission. We are declaring, ‘We have a vision that is amazing and exciting. We are inviting you to invest yourself through the resources that God has given you – your energy, your prayers, and your money – in this work to which God has called us.’

I wonder what vision God has entrusted to you and your congregation that you can invite others to be a part of through their prayers, their presence, their service, their witness, and their gifts.

Rev. Jason Mahnke

Wisconsin United Methodist Foundation, 888-903-9863 or www.wumf.org

The Life and Ministry of God's People In Monona United Methodist Church

September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 2-4pm Parkinson caregivers support -Zoom 6:30-8:00 El Libertador Bible Study-upstairs	2 Pastor Paul out of the office 1:00 Zoom Church / Society 6:30 Trustees	3 Pastor's Day Off	4 6-7:30am E.L. Prayer Vg
5 <u>See schedule below</u> 10am Worship Outside	6 Labor Day Office Closed	7 1:00 Staff Meeting	8 1:30 Friendship Cr-Fellowship Hall 6:30 SPRC at church 6:30-8:00 El Libertador Bible Study-upstairs	9 1:00 Faith Cr at Hazel's	10 Pastor's Day Off	11 6-7:30am E.L. Prayer Vg 9am Men's Group at Monona Garden
12 <u>See schedule below</u> 11:30-12:30 Adult Sunday School	13 11am Hilltoppers 1:00 Lay Leadership-FH 6:30 Stephen Ministry	14 Pastor Paul vacation thru September 26 9:30-12:15 NewBridge Foot ClinicF.H.	15 6:30-8:00 El Libertador Bible Study-upstairs	16 1:00 Zoom Church / Society	17	18 6-7:30am E.L. Prayer Vg
19 <u>See schedule below</u> 8:30 Choir Rehearsal 11:30-12:30 Adult Sunday School	20	21 9:30-12:15 NewBridge Foot Clinic-F.H. 6:30 Finance	22 6:30-8:00 El Libertador Bible Study-upstairs	23	24	25 6-7:30am E.L. Prayer Vg
26 <u>See schedule below</u> NEWSLETTER DEADLINE 8:30 Choir Rehearsal 11:30-12:30 Adult Sunday School	27 10:30am-3pm Monona Quilters-F.H. 6:30 Stephen Ministry	28 9:30-12:15 NewBridge Foot Clinic-F.H. 1:00 Staff Meeting 6:30 Ad Council	29 6:30-8:00 El Libertador Bible Study-upstairs	30		

SUNDAY SCHEDULE

10:00 Worship
11:00 Fellowship
1:00 El Libertador
Worship in Spanish



NEWSLETTER DEADLINE

Newsletter Deadline September 26. Information arriving after the above date may not be in the October newsletter. Remember, you can FAX your article to 222-2395 or email to secretarymumc@sbcglobal.net

MONONA UNITED METHODIST CHURCH

606 NICHOLS ROAD
MONONA, WI 53716

The HILLTOP HERALD is produced monthly for distribution to the members and friends of Monona United Methodist Church.

Monona UMC Church office 222-1633 (Fax 222-2395); Office Hours: Monday through Friday, 9:00 a.m. to 2:00 p.m.

Homepage www.mononaunitedmethodistchurch.org

Pastor Paul Johnsen 920-246-2855 pjohnsen58@gmail.com

Kay – secretarymumc@sbcglobal.net

Mark – markbmumc@gmail.com

Worship 10:00am



STEPHEN MINISTRY

We are all facing different kinds of life challenges:

- isolation and loneliness
- anxiety over health
- grief
- juggling work, childcare and schooling responsibilities
- financial strain or job loss
- uncertainty about the future

But you don't have to go through it alone! If you or someone you care about is experiencing difficulties like these, our Stephen Ministers are ready to listen, care, encourage and be there to offer support. You can find out more by calling Mark Buffat at 608-335-5063 or Pastor Paul.